

# Yogurt Banana Split

Let's take the banana split and put a healthier spin on it.

Preparation Time: 5 min.

Cook Time: NA

Servings: 2

Amount	Ingredient	Cost - date:
1	Banana	
1 cup	Plain 1% Greek Yogurt (or vanilla)	
1/2 cup	Granola (homemade or store bought)	
1 cup	Mixed fresh or frozen berries ( like blueberries, blackberries, raspberries or quartered strawberries)	
1 tsp	Pure Maple Syrup	
		Cost for the total recipe:
		Cost for 1 serving:

## Preparation:

1. Slice banana in half lengthwise and place in a long narrow bowl or dish. Top with yogurt.
2. Sprinkle with granola and berries.
3. Drizzle with maple syrup and serve with 2 spoons.

SOURCE: <https://www.cookspiration.com/recipe.aspx?perma=H9jbwIXs8HR&g=8>

**Thanks for coming to Forest Brook Community Church today. We look forward to having you join us again to make another great recipe, enjoy some food and community!**