

Easy Greek Yogurt Fruit Dip

Fruit is always more fun with a dip! This easy dip with its many different variations will take this snack to the next level.

Preparation Time: 5 min.

Cooking Time: NA

Servings: 12 - 16

Amount	Ingredient	Cost - date:
1 cup	Plain Greek Yogurt	
About 2 Ttbsp	Freshly Squeezed Orange juice (half an orange)	
1/4 tsp	Orange Zest	
1/2 tsp	Vanilla Extract	
2 Tbsp	Honey	
Fruit Options:	A variety of fruit could be used!!! Can use toothpicks or put fruit onto skewers & stick into an orange cut in ½ (flat side on plate)	
	Apples, Mangos, Pineapple, Strawberries, Pears, Grapes, Blueberries	
	Cost for the total recipe:	
	Cost for 1 serving:	

Preparation:

1. Combine all of the ingredients for the dip in a medium bowl. Mix until smooth and creamy.
2. Serve immediately with your favourite fruit or store in the fridge for later.

SOURCE: [Easy Greek Yogurt Fruit Dip - Haute & Healthy Living \(hauteandhealthyliving.com\)](http://hauteandhealthyliving.com)

Recipe Variations

- **Switch up the flavour:** Use lime zest or lemon zest and juice instead of orange.
- **Add some cinnamon:** Add a dash of cinnamon to the yogurt mixture. It tastes especially good with apple slices!
- **For chocolate flavour:** Add a bit of cocoa powder to the mix.
- **Make it dairy-free:** Use a plant-based yogurt such as almond, coconut or soy yogurt instead of regular Greek yogurt.
- **To make it vegan:** Use a plant-based yogurt and maple syrup.
- **For extra sweetness:** Add a little extra honey or use vanilla Greek yogurt instead of plain.
- **Try a different sweetener:** Use maple syrup or other sweetener instead of honey.
- **Add a garnish:** A sprig of fresh mint adds a nice touch as well.

Thanks for coming to Forest Brook Community Church today. We look forward to having you join us again to make another great recipe, enjoy some food and community!